

PURPOSE

5TH -12TH GRADES

1. What matters to you? Why?

2. What are the strengths you've developed? How might you share these strengths with the world?

3. What's something you've done in the past that makes you proud?

4. What problems in the world would you like to help resolve someday? Explain.

5. Purpose is having a clear vision of what you want to do in life that contributes to the world. Share any ideas you have about what your purpose is or might be.

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5. Describe activities that could help you explore or grow your purpose.

7. Describe a caring person in your life whom you admire.

Purpose is a clear vision of: • where you want to go, • what you want in life, and • why. Purpose reaches beyond oneself to a desire to contribute to the world. There is a commitment to activities that grow this purpose and a plan for pursuing dreams. Purposeful effort leads to a feeling of joy.

8. Overall, I have optimal level of purpose.

Strongly Disagree	Disagree	Neither	Agree	Strongly Agree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

9. Further Reflections