



Overview

This is the first of a two-part series on learning to speak well to an audience. Youth practice basic skills for effectively communicating a position or information to an audience. Each youth will learn how to prepare a short speech by creatively brainstorming central ideas for an assigned topic, in a process called “bubble-mapping”. Youth move from bubble-mapping to a speech outline, in just three minutes of preparation. Young people practice “thinking on their feet” and develop quick ways to put their thoughts together.

The facilitator selects speech topics in advance. Three examples can be: “What you love about Thanksgiving”; “Your Spark”; “A challenge you will address and your plan to get there.”

Young people then give their speeches to groups in session two.

Objectives

1. Build skills and confidence for speaking in front of an audience.
2. Immediately apply these skills to a short extemporaneous speech.

Materials

- Whiteboard/flipchart (to post speech topics)
- Simple egg timers or stopwatches—enough for each group to have one.
- Group Assignment Cut-outs (For assigned group and speaking order, label groups 1A, 1B, 1C, 2A, 2B, 2C etc. Labels stand first for group identifier and second for speech order in the group.)
- Video Clip: *Tips for Speaking*
- Handout: *Preparing for a Speech*

Handout: *Speaking Tips*

	<p>Topic</p> <p>Writing an outline</p>	<p>volunteering ideas that have associations with the chosen topic.</p> <p>Outlining: When the bubble map is complete, facilitator shows youth how to create a very simple outline that they can hold while speaking. (Note handout illustration.) Facilitator asks youth to take out a sheet of binder paper and fold it down to ¼ size. Facilitator instructs youth to write the following sections, evenly spaced on their hand-sized sheet:</p> <p style="padding-left: 40px;">Intro #1 #2 #3 Conclusion</p>
<p>EXPERIENCE (20 min)</p>	<p>“Preparation for 3-Minute Speech</p> <p>Group assignments</p> <p>Topic Assignments</p>	<p>Explaining the Exercise: (Option: Young Facilitator hands out cut-out squares of paper to each youth, with his/her <u>assigned group and speaking order</u>.</p> <p>Say:</p> <ul style="list-style-type: none"> • Form groups of three. Each individual in the group will have a different topic- either A,B, or C. You will be preparing to <u>speak to your group</u>. • Each of you will have <u>three minutes</u> for preparation. Plan delivery of a <u>three-minute speech</u>. • Your speech will be timed. You should <u>try to completely fill</u> the three-minute speaking time, without running either short or long. • Concentrate and yet <u>don’t get worried about the short timing</u>. This exercise is designed to give you an experience of speaking, and a sense of how helpful a little time structuring your thoughts can be. <p>Preparing in Groups (of three): Say:</p> <ul style="list-style-type: none"> • I am giving each of you a square of paper with a number and letter on it like this: 3B. The number is your assigned group. The letter is your speaking order: A, B, or C. <p>Facilitator tells each group number where to assemble and gives each group a timer. Facilitator then displays an overhead with three lists of topics. Topics are decided upon in advance. Three examples can be: Your favorite holiday; Your Spark or an interest you want</p>

<p>REFLECTION</p>	<p>Part I: Bubble-Map (1 min) Part II: Outline (2 min)</p>	<p>to pursue; A challenge you have and your plan to address it.</p> <p>Say:</p> <ul style="list-style-type: none"> • Youth with an <i>A</i> square choose from the <i>A</i> list of topics, etc. • You have <u>3 minutes of preparation</u>. Use the <u>first minute to prep with the bubble-map</u>; use the <u>second two minutes is to fill in the blanks, on your outline</u>. <p>Activity Begins: Facilitator then starts a four-minute timer, letting youth know when the two minutes has expired.</p> <p>Say:</p> <ul style="list-style-type: none"> • Okay, go ahead and start your bubble-map. • You have two more minutes. Time to switch from bubble-map brainstorming to making your outline. • Time is up. Let’s collect all this work and we’ll pick up where we left off, when I see you next time. <p>Ask:</p> <ul style="list-style-type: none"> • What do you think about the preparation process? Were you surprised by how much you could organize your thoughts in just a few minutes?
	<p>Closure</p>	<p>Say:</p> <ul style="list-style-type: none"> • I appreciate the effort that I saw today, as you tried a new challenge.

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